Module 4: Care During Labour

In March 2016, bump2babe sent a comprehensive survey to the 19 maternity hospitals/units and 2 midwifery-led units in Ireland. Responses were returned between March 2016 and May 2017 and can be found on the website www.bump2babe.ie. Private Midwives completed the same survey documents in May 2017 and we have presented them here.

The information provided here is as was provided to us Private Midwives but please check with your caregiver to see if there have been any recent changes to services, polices or practices.

Blank spaces indicate no information was provided.

	County	
	Unit or hospital name	Private Midwives Ireland
	Name	Liz Halliday
	Title	Deputy Head of Midwifery
Person completing the survey	Contact details and working hours (in case we need to contact you for clarification)	liz@privatemidwives.com
Is there a 24-hour	Yes/No	Yes
drop in support service or emergency phone number available for women in late pregnancy?	Please provide details	24 hour phone number for lead midwife.
	Yes/No	N/A
Is there a labour assessment or triage room available?	Please provide details including if birth partners/supporters are welcome to stay with mother during assessment	
	Please describe the unit procedure for induction of labour	
	Please describe the	
	routine admission procedure (specifically include the routine practice of vaginal examination, ARM and admission trace etc.)	Midwife attends the client's home. Full assessment is undertaken with consent (vital signs, urinalysis, palpation and auscultation. Vaginal examination is offered. No ARM or CTG.

	What happens when a mother declines any or all of the above admissions procedures?	The midwife will explore any reasons that the client may have for declining care and address them. Should the client continue to decline the midwife will call the Head of Midwifery to see if we can continue to provide care at home due to safety concerns. In the case of vaginal examination, unless the client has previously agreed to examination as part of her care (due to risk factors/indemnity reasons) or the midwife is concerned over a safety issue, her wishes will be respected.
	If an admission trace is still part of the unit admission procedure, what plans are there to phase it out?	
	What happens if a woman presents with contractions, but is assessed as only effacing or in very early labour?	Supported as appropriate and await events.
	Unit policy/guideline on SROM (spontaneous rupture of membranes) at term with contractions. Please include what	Call the midwife immediately for individual advice
	women are advised to do. What is the unit policy/guideline on SROM (spontaneous rupture of membranes) at term with no contractions? Please include what women are advised to do.	Call the midwife immediately for individual advice. Arrangements made for appointment. Await events.
	What are the options for women with no contractions who decline induction of labour for SROM at term?	Expectorant management with maternal and fetal monitoring for well-being.
	Multiples (twins, triplets etc.)	
What are the implications for labour management (including induction	Women planning a VBAC	Hourly blood pressure, 15 minutes maternal pulse, 1:1 continuous midwifery care, routine 4 hourly vaginal examination. Immediate transfer to hospital with any concerns.
(including induction of labour) for:	Diabetes/gestational diabetes	Women who have diet-controlled diabetes may choose to birth at home if aware of risks of same. Blood sugars checked regularly in labour.

	Women who tested positive for Group B Strep during this pregnancy	If the client has made an informed decision to home birth and does not present with additional risk factors she will be supported. We cannot provide antibiotic cover at home. Vaginal examinations are avoided and close monitoring of baby is undertaken postnatally.
	Women who tested positive for Group B Strep during a previous pregnancy	Normal intrapartum care
What are the	Assisted conception pregnancy	Normal intrapartum care
implications for	Older mother	Normal intrapartum care
labour management	Obese mother	Normal intrapartum care
(including induction	Baby diagnosed as small	Referral to hospital
of labour) for:	Baby diagnosed as big	If client has made an informed decision to birth at home, and no additional concerns are present: normal intrapartum care. Close monitoring of baby postnatally.
	Breech baby	Transfer to hospital
	OP baby	Techniques to help baby turn and to support client through labour. Normal intrapartum care
	Known fetal anomalies	Transfer to hospital
	Pre-eclampsia	Transfer to hospital
	Preterm birth	Transfer to hospital
	Stillbirth	Transfer to hospital
	Under what circumstances would a woman's care be transferred to a tertiary centre in late pregnancy or in labour?	At the hospital's discretion. Suspected sepsis always transferred to a tertiary unit.
	Home from home rooms	
Describe the	Early labour single rooms	
accommodation in early labour (please	Early labour twin rooms	
include the number	Early labour 3-4 bed	
of each type of room/ward in the description, whether toilets/showers/bath are en-suite and whether birth partners/supporters are welcome to stay with mothers 24/7)	rooms	
	Communal labour ward, specify no of beds per ward	
	Other, please specify	Client's own home

		Vec
	Mother's choice	Yes
Policy/guideline on	Light diet	
eating and drinking	Fluids only	
in early labour	lce	
(please enter Yes for	Nil by Mouth	
all that apply)	IV fluids for hydration	
	Criteria / comments	
	In early labour	1:1 if client wishes
	In established labour	1:1 sometimes 2:1
Midwife:women	At birth	2:1 planned
ratio	Please indicate differences	
		None
	that might occur at	None
Linit nalia. /auidalina	weekends or on nights.	
Unit policy/guideline on the number of	In early labour	
birth	In established labour	
partners/supporters	At birth	
for each woman	Linit procedure en	
	Unit procedure on	
	maternal request for more birth	
		Supported in choice
	partners/supporters than	
	the unit policy/guideline states	
	Unit procedure on	
	maternal request for	
	different birth	Supported in choice
	partners/supporters at	Supported in choice
	different times	
	Unit policy/guideline on	We respect birth plans; any changes are made
	birth plans	with full consent
	Criteria used when	
	allocating birthing rooms	
	to mothers	
Is a midwife or	Yes/No	Yes
student midwife		
assigned to each		
woman in	Additional comment	
established labour to		
give one to one care?		
	N/A	N/A
	Mothers are attended by	•
	the same person they saw	
	antenatally	
Continuity of carer in	Mothers are attended by	
the midwifery-led	one of team (8 people or	
unit (alongside)	less) that they saw	
,	antenatally	
	Mothers are attended by a	
	midwife they may not	
	have met before	
L		

	Additional comment	
	N/A	
Continuity of carer	Mothers are attended by	
with community	the same person they saw	Yes
midwives - antenatal	antenatally	
and postnatal care		
provided in woman's	Mothers are attended by	
home or at outreach	one of team (8 people or	
clinic with option for	less) that they saw	
home birth or birth	antenatally	
in hospital attended	Mothers are attended by a	
by a Community	midwife they may not	
Midwife.	have met before	
	Additional comment	Clients may not have met the second midwife
Continuity of	N/A	
carer with DOMINO	Mothers are attended by	
midwives - antenatal	the same person they saw	Yes
and postnatal care	antenatally	
provided in woman's	Mothers are attended by	
home or at outreach	one of team (8 people or	
clinic with birth in	less) that they saw	
unit not necessarily	antenatally	
attended by	Mothers are attended by a	
DOMINO team	midwife they may not	
midwife.	have met before	
	Additional comment	
	N/A	
	Mothers are attended by	
Continuity of	the same person they saw	
carer with mothers	antenatally	
who attended the	Mothers are attended by	
public midwives	one of team (8 people or	
clinic - antenatal	less) that they saw	
care provided by	antenatally	
midwives only	Mothers are attended by a	
	midwife they may not	
	have met before	
	Additional comment	
	N/A	
	Mothers are attended by	
Continuity of carer in other midwifery-led services specified by you in the Questionnaire: Module 2 - Antenatal Care	the same person they saw	Yes
	antenatally	
	Mothers are attended by	
	one of team (8 people or	
	less) that they saw	
	antenatally	
	Mothers are attended by a	
	midwife they may not	
	have met before	
	Additional comment	

	N/A	N/A
	Mothers are attended by	
	the same person they saw	
	antenatally	
Continuity of carer	Mothers are attended by	
for mothers who	one of team (8 people or	
attended the public	less) that they saw	
clinic	antenatally	
CIIIIC	Mothers are attended by a	
	midwife they may not	
	have met before	
	Additional comment	
	N/A	N/A
	Mothers are attended by	
	the same person they saw	
Continuity of	antenatally	
carer for mothers	Mothers are attended by	
who attended	one of team (8 people or	
the semi-private	less) that they saw	
clinic	antenatally	
	Mothers are attended by a	
	midwife they may not	
	have met before	
	Additional comment	
	N/A	N/A
	Mothers are attended by	
	the same person they saw	
	antenatally	
Continuity of	Mothers are attended by	
carer for women	one of team (8 people or	
who attended	less) that they saw	
the private clinic	antenatally	
	Mothers are attended by a	
	midwife they may not	
	have met before	
	Additional comment	
	N/A	N/A
	Mothers are attended by	
Continuit of	the same person they saw	
Continuity of carer in other obstetric-led services specified by you in the Questionnaire: Module 2 - Antenatal Care	antenatally	
	Mothers are attended by	
	one of team (8 people or	
	less) that they saw	
	antenatally	
	Mothers are attended by a	
	, midwife they may not	
	have met before	
	Additional comment	

	Mother's choice	Yes
Policy/guideline on eating and drinking		
	Light diet	
	Fluids	
in established labour	Ice	
(please enter Yes for	Nil by Mouth	
all that apply)	IV fluids for hydration	
	Criteria / comments	
	Number of labour /	
	birthing rooms in the unit	
	Toilet only	
How many of the	Shower only	
birthing rooms in the	Bath only	
unit have en-suite	Toilet and shower/bath	
facilities?	No en suite facilities	
	Other	
For the rooms	Toilet	
without en suites,	Shower	
how accessible are	JIUWEI	
the facilities		
(proximity/how	Bath	
many)?		
••	Yes, for labouring	Yes
	Yes, for giving birth	Yes
Are birthing pools	No	
available to women?	If no, are women	
	facilitated to bring their	Yes
	own	
	Birthing aids available	
	Yes/No	
Bath	Additional comment	If available in client's home
	Yes/No	
Shower	Additional comment	If available in client's home
	Yes/No	
Chairs to straddle	Additional comment	If available in client's home
Chairs for	Yes/No	
rocking/reclining	Additional comment	If available in client's home
	Yes/No	Yes
Birth ball		
	Additional comment	New Sector
Floor mats	Yes/No	Yes
	Additional comment	
Beanbags	Yes/No	
Scanoago	Additional comment	If available in client's home
Pillows	Yes/No	Yes
1 110003	Additional comment	
Peanut ball	Yes/No	Yes
	Additional comment	
Diathia+	Yes/No	
Birthing stool	Additional comment	Depending on midwife attending
	•	

Vac/Na	Vac
	Yes
Yes/No	Yes
Additional comment	
Yes/No	Yes
Additional comment	
Yes/No	
Additional comment	If available in client's home
Other birthing aids, please	
specify	
•	if a stable to alterate be as
	If available in client's home
Yes/No	
Additional commont	If booked by client
	If booked by client
Yes/No	Yes (acupressure)
	Client may self-treat or employ an
Additional comment	acupuncturist to attend
Yes/No	Yes
Additional comment	
Yes/No	Yes
-	
Yes/No	Yes
Additional comment	Women may self-treat or employ a homeopath
Yes/No	Yes
Additional comment	Women may self-treat or employ an aromatherapist
Yes/No	Yes
Additional comment	
Yes/No	Yes
Additional comment	
Yes/No	Yes
Additional comment	
Other non-	Rebozo. active labour, balls, colouring,
pharmacological coping	gaming, mazes Whatever the client has
methods - please specify	planned.
	Yes/No Additional comment Yes/No Additional comment Other birthing aids, please specify Facilitation of non- pharmacological pain relief or coping methods (please add comments where necessary) Yes/No Additional comment Yes/No Additional comment Yes/No

For non-	Yes/No	Yes
pharmacological		
strategies that		
require a practitioner, does		
the unit facilitate the	Additional comment	
practitioner to be		
present in addition		
to birth		
partners/supporters?		
	Is there a comfortable	
	chair or bed for birth	If available in client's home
	partners/supporters to	in available in client 5 home
	rest in?	
Location of toilets for	En-suite	
birth	Toilet on labour ward	
partners/supporters	Public toilets off labour	
(please enter Yes for all that apply)	ward	
	Additional comment	
	Availability of pharmacological pain	
	relief methods or	
	anaesthesia at various	
	stages of labour and birth	
	(please enter Yes to all	
	that apply)	
	Early labour	Yes
	1st stage	Yes
Nitrous Oxide and	2nd stage	Yes
Oxygen (Entonox)	3rd stage	Yes
oxygen (Entonox)	After birth	Yes
	Additional information	
	Indications for use	
	Early labour	
	1st stage	
	2nd stage	
	3rd stage	
	After birth	
	Additional information	
Mahila anishinal	including any differences	
Mobile epidural	for first-time mothers	
	versus 2nd- and	
	subsequent-time mothers,	N/A
	use of continuous infusion versus single dose plus top	
	ups, OR plans to introduce	
	a mobile epidural	
	Indications for use	
	indications for use	

	Early labour	
	1st stage	
	2nd stage	
	3rd stage	
	After birth	
	Additional information	
	including any differences	
Epidural	for first-time mothers	
	versus 2nd- and	
	subsequent-time mothers,	Requires hospital transfer
	and use of continuous	
	infusion versus single dose	
	plus top ups	
	Indications for use	
	Early labour	
	1st stage	
	2nd stage	
	3rd stage	
Spinal	After birth	
	Additional information	
	Indications for use in	
	labour	Requires hospital transfer
	Early labour	
	1st stage	
	2nd stage	
	3rd stage	
	After birth	
	Additional information	
Combined	including any differences	
spinal/epidural	for first-time mothers	
	versus 2nd- and	Requires hospital transfer
	subsequent-time mothers,	
	and use of continuous	
	infusion versus single dose	
	plus top ups	
	Indications for use	
	Early labour	
	1st stage	
	2nd stage	
Pethidine	3rd stage	
i cununc	After birth	
	Additional information	Requires hospital transfer
	including any precautions	
	Indications for use	

	Early labour	
	1st stage	
	2nd stage	
Diamorphine	3rd stage After birth	
	Additional information	Requires hospital transfer
	including any precautions	
	Indications for use	
	Other pharmacological	
	pain relief available	
	(please specify type and stage administered)	
	Positions facilitated	
	during labour (please	
	enter Yes to all that apply)	
	During 1st stage	Yes
Recumbent	During 2nd stage	Yes
Recumbert	Other, please specify	
	During 1st stage	Yes
Semi-recumbent	During 2nd stage	Yes
Semi-recumbent	Other, please specify	
		Voc
Loft/right lateral	During 1st stage	Yes Yes
Left/right lateral	During 2nd stage Other, please specify	
	During 1st stage	Yes
Upright: all fours - on	During 2nd stage	Yes
bed	Other, please specify	
		Vec
Upright: all fours -	During 1st stage During 2nd stage	Yes
off bed	ŭ	Yes
	Other, please specify	Mar
Upright: kneeling	During 1st stage	Yes
leaning forward - on	During 2nd stage	Yes
bed	Other, please specify	
Upright: kneeling	During 1st stage	Yes
leaning forward - off	During 2nd stage	Yes
bed	Other, please specify	
	During 1st stage	Yes
Walking	During 2nd stage	Yes
	Other, please specify	
Standing	During 1st stage	Yes
	During 2nd stage	Yes
	Other, please specify	
Sitting upright on	During 1st stage	Yes
stool or chair	During 2nd stage	Yes
	Other, please specify	

	During 1st stage	Yes
High squat	During 2nd stage	Yes
ingii squat	Other, please specify	
		Vac
Currented count	During 1st stage	Yes
Supported squat	During 2nd stage	Yes
	Other, please specify	
	During 1st stage	Yes
Low squat	During 2nd stage	Yes
	Other, please specify	Advised against in late second stage
	During 1st stage	Yes
Knee - chest	During 2nd stage	Yes
	Other, please specify	
	During 1st stage	Yes
Pelvic rocking	During 2nd stage	Yes
	Other, please specify	
	Other positions facilitated	Any position that facts comfortable
	(please describe)	Any position that feels comfortable
	Are positions used in 1st	
	and 2nd stage of labour	Yes
	documented in the	res
	woman's notes?	
	What supports are given	
	to a labouring woman who	Non-pharmaceutical coping strategies, nitrous
	is hoping to avoid using an	oxide
	epidural?	
	What is the unit practice	
	to ensure that the mother	
	and birth partners / supporters receive	Every option is fully discussed with the clients,
	evidence-based	evidence is presented along with our
	information on the	guidelines, RCOG and NICE Guidelines and the
	benefits, risks and	decision lies with the clients unless immediate
	alternatives (including	safety is an issue.
	expectant care or 'watch &	
	wait' approach) of routine	Most options will have been discussed
	and non-routine	antenatally, including obstetric emergencies
	procedures, in order to	and transfers.
	obtain informed consent /	
	refusal?	
When discussing	Always	Yes
routine and non-	Mostly	
routine procedures	Sometimes	
with mother and	Never	
birth partners /		
supporters, is the		
likelihood of possible	Additional comment	
further interventions		
made clear?		

	Unit policy / procedure if a	Clients may speak to another midwife, or
	mother requests a second opinion during labour	anyone outside of Private Midwives Ireland if they wish to
	Monitoring of fetal well-	
	being	
	Used with low-risk women	
	(yes/no)	Yes
	Indication for use (low-risk	
	women)	To auscultate fetal heart
Pinard stethoscope	Used with high-risk	
	women (yes/no)	Yes
	Indication for use (high-	
	risk women)	To auscultate fetal heart
	Used with low-risk women	
	(yes/no)	Yes
	Indication for use (low-risk	
	women)	To auscultate fetal heart
Hand-held Doppler	Used with high-risk	
	women (yes/no)	Yes
	Indication for use (high-	
	risk women)	To auscultate fetal heart
	Used with low-risk women	
	(yes/no)	No
	Indication for use (low-risk	
Cardiotocograph	women)	
(CTG)	Used with high-risk	
	women (yes/no)	No
	Indication for use (high-	
	risk women)	
	Used with low-risk women	
	(yes/no)	No
	Indication for use (low-risk	
Wireless CTG	women)	
wireless CIG	Used with high-risk	No
	women (yes/no)	No
	Indication for use (high-	
	risk women)	
	Used with low-risk women	No
	(yes/no)	
	Indication for use (low-risk	
Fetal scalp electrode	women)	
retai scalp electrode	Used with high-risk	No
	women (yes/no)	
	Indication for use (high-	
	risk women)	
Fetal blood sampling	Available in the unit?	
	Yes/No	
	Used with low-risk women	No
	(yes/no)	
	Indication for use (low-risk	
	women)	
	Used with high-risk	No

	women (yes/no)	
	Indication for use (high-	
	risk women)	
Are the increased	Yes, to low risk women	Yes
risks of instrumental	Yes, to high risk women	Yes
or surgical birth with	Only when asked	
continuous	No	
electronic fetal		
monitoring explained?	Additional comment	
	Assessment of progress in	
	labour	
Policy/guideline on	First-time mothers	4 hourly or sooner if indicated
frequency of	2nd- & subsequent-time	4 hourly or sooner if indicated
abdominal palpation	mothers	
Policy/guideline on	First-time mothers	4 hourly or as indicated
frequency of vaginal examination	2nd- & subsequent-time mothers	4 hourly or as indicated
How is progress assessed using maternal indicators? (Please list as many	First-time mothers	Strength, length and frequency of contraction, maternal behaviour, verbalisation, palpation, rhombus of michaelis, purple line, vaginal examination, visualisation of descent
as possible including emotional, physical, psychological and behavioural indicators.)	2nd- & subsequent-time mothers	Strength, length and frequency of contraction, maternal behaviour, verbalisation, palpation, rhombus of michaelis, purple line, vaginal examination, visualisation of descent
	Unit policy/guideline (if any) on length of first stage of labour. (Please give details of when (established) labour is deemed to have started, use of partogram and action lines etc.)	No policy on same – providing maternal and fetal well-being and progress is occurring
	Indications for use of antibiotics in labour	Transferred with signs of infection
	First-time mothers	Post birth if en caul
Indications for artificial rupture of membranes	2nd- & subsequent-time mothers	Post birth if en caul
	What else can a woman or her caregiver do first or instead?	
Indications for use of Syntocinon	First-time mothers	At hospital discretion if transferred
	2nd- & subsequent-time mothers	At hospital discretion if transferred
	What else can a woman or her caregiver do first or instead?	Dim lights, active labour, nipple stimulation

Indications for	First-time mothers	At hospital discretion if transferred
unplanned /	2nd- & subsequent-time	At hospital discretion if transferred
emergency	mothers	
caesarean section in	What else can a woman or	
the first stage of	her caregiver do first or	
labour	instead?	
	Unit policy/guideline (if	
	any) on length of second	
	stage of labour for first-	No policy on same – providing maternal and
	time mothers who are not	fetal well-being and progress is occurring
	using epidural	
	anaesthesia.	
	Unit policy/guideline (if	
	any) on length of second	
	stage of labour for first-	N/A
	time mothers who are	
	using epidural anaesthesia	
	Unit policy/guideline (if	
	any) on length of second	
	stage of labour for second-	No policy on same – providing maternal and
	or subsequent-time	fetal well-being and progress is occurring
	mothers who are not using	
	epidural anaesthesia	
	Unit policy/guideline (if	
	any) on length of second	
	stage of labour for second-	N/A
	or subsequent-time	
	mothers who are using	
	epidural anaesthesia	
	Self-directed pushing is	Yes
	practiced	
	Caregiver-directed pushing	
In the second stage	and breath-holding is	
in the second stage	practiced	
	Combination, depending	Rarely, if indicated
	on circumstances	
	Additional comment	
	First-time mothers	Fetal distress, presenting part on perineum
	2nd- & subsequent-time	Eatal dictross procenting part on paring
Indications for	mothers	Fetal distress, presenting part on perineum
episiotomy	What else can a woman or	
	her caregiver do first or	
	instead?	
		Perineal massage, birth pool. We use warm
	Describe measures in	compresses and lubricant if client is happy for
	place to minimise the use	same
	of episiotomies	
		0% episiotomy rate

	First-time mothers	At hospital discretion if transferred
Indications for use of forceps (please indicate type usually used)	2nd- & subsequent-time	
	mothers	At hospital discretion if transferred
	What else can a woman or	
	her caregiver do first or	At hospital discretion if transferred
	instead?	
Indications for use of ventouse (please	First-time mothers	At hospital discretion if transferred
	2nd- & subsequent-time	At hospital discretion if transferred
indicate type of	mothers	
vacuum extractor	What else can a woman or	At begoited discustion if two performed
usually used)	her caregiver do first or instead?	At hospital discretion if transferred
Indications for	First-time mothers	At hospital discretion if transferred
unplanned /	2nd- & subsequent-time	
emergency	mothers	At hospital discretion if transferred
caesarean section in	What else can a woman or	
the second stage of	her caregiver do first or	At hospital discretion if transferred
labour	instead?	
	Always	
	Mostly	Yes
Is a physiological	Sometimes	
(natural) third stage	Never	
practiced?	At maternal request	
	Additional comment	In some cases, active management may have
		been pre-agreed due to risk factors or maternal choice
	Yes, with Syntocinon	
Is the third stage	Yes, with Syntometrine	
routinely actively	No	No
managed? (Please		In some cases, active management may have
provide indications	Additional comment	been pre-agreed due to risk factors or
for use and dosages)		maternal choice
	Unit policy/guideline on	Minimum of E-minutos unloss othorwise
	delayed (optimal) cord	Minimum of 5 minutes unless otherwise indicated
	clamping	
	Unit policy/guideline in	Clamped and cut at a time convenient to
	relation to cord cutting	client by whomever the client wishes to cut
	(including timing and by	cord
	whom) Under what circumstances	
	must the cord be clamped	Neonatal resuscitation required if mother
	and cut immediately?	cannot move to facilitate intact cord
<u> </u>	Are beside Resuscitaires	
	available so that babies	Desussitation equipment is usually browshitts
	can be resuscitated with	Resuscitation equipment is usually brought to mother
	the cord intact and	
	pulsating?	

	Yes/No	N/A
Does the unit facilitate the harvesting of cord blood?	Additional comment including under what circumstances this is facilitated	Currently there is no option in Ireland for cord blood collection, but we will facilitate once the option is available. All our midwives are trained in collection
	If parents wish to take the placenta home, what do they need to do?	Tell us and provide storage bag/box
	How is skin-to-skin with mother encouraged?	Babies are given straight to mother and we encourage a minimum of 1 hour skin to skin with no interference
	In what circumstances is skin-to-skin with mother replaced by skin-to-skin with father/birth partner and how is this facilitated?	If mother is unwell and unable to hold baby. If mother does not wish to hold baby. Birth partner encouraged to provide skin to skin contact.
	Circumstances under which the baby is cleaned and wrapped	Client request
Are mothers	Always	Yes
encouraged and	Mostly	
facilitated to	Sometimes	
breastfeed their	Rarely	
baby when the baby	Never	
shows signs of readiness (usually within the first hour)?	Additional comment	
Is it the unit policy	Yes, for breastfed babies	N/A
that babies have	Yes, for formula fed babies	N/A
their first feed	No	
before they leave the birthing room?	Additional comment	The midwife will not leave postnatally until baby has fed
	What tests and checks are performed on the baby soon after birth? (Please indicate which can be	Apgar scores are assessed while baby is with mother. Vitamin K can be given whilst held by mother/birth partner.
	done whilst the baby is in the mother's arms / on the	Examination of newborn and weight check performed at convenient time after
	mother's chest)	uninterrupted skin to skin
	Unit policy/guideline on the mode of birth for women who have had one	VBAC at home is facilitated with informed consent and after obstetric review.
	previous caesarean birth (please include details of	Intrapartum care is altered by the following:
	any policies/guidelines on induction of labour,	Hourly BP 4 hourly routine vaginal examination
	monitoring and the length of labour for this group)	4 hourly urinalysis Immediate transfer with any concerns

Unit percentage planned VBAC (Vaginal Birth After	Given the nationwide rise in caesarean births over the past decade, what strategies are in place to reduce the numbers of caesarean births in the unit? How successful have these strategies been? 2014 2015	N/A
Caesarean) rate for 2014 and 2015	How is the rate calculated?	
	Unit policy/guideline on the mode of birth for women who have had two previous caesarean births (please include details of any policies/guidelines on induction of labour, monitoring and the length of labour for this group)	Elective LSCS (Lower Segment Caesarean Section)
Number of planned	2014	0
VBA2C (Vaginal Birth After 2 Caesareans) births for 2014 and 2015	2015	0
	Are any of the following available to women who wish to have a more 'natural' caesarean birth: lowered or see-through drapes, slow emergence of the baby, baby lifted out by mother, optimal cord clamping, parents discovering the baby's sex etc.?	N/A
	How is skin-to-skin with mother encouraged after a caesarean birth?	N/A
	In what circumstances is skin-to-skin with mother replaced by skin-to-skin with father/birth partner after a caesarean birth and how is this facilitated?	N/A
	Under what circumstances is the cord left to stop pulsating before clamping after a caesarean birth?	N/A

	What methods does the unit support for the mother to seed her baby's microbiome after a caesarean birth? Circumstances under	N/A
	which the baby is cleaned and wrapped after a caesarean birth	N/A
	Unit policy/guideline on women having their babies with them in the recovery room after a caesarean birth	N/A
	How are mothers who have had a caesarean birth assisted when giving their baby their first feed?	N/A
	Description of the training that staff in the labour ward undergo to promote, support and protect breastfeeding (please list topics, course duration, frequency of updates and specify staff who undergo this training (midwives, obstetricians, anaesthetists, nurses, care assistants etc.)	20hr breastfeeding course and yearly CPD, topics of the midwives' choice
	Midwives	100%
Percentage of labour ward staff who have	Obstetricians Anaesthetists	
been trained this	Nurses	
way	Care assistants	
	Others	